

Reflection gives you perspective.

LET'S REFLECT ON YOUR PAST 12 MONTHS:

What did you **ACHIEVE**?

What do you **WISH** you had achieved?

What did you **LEARN** about yourself?

What do you want to **ACHIEVE** this year?
.....

8 AREAS TO REFLECT UPON ...



 CAREER	 FAMILY	 PERSONAL	 YOUR GOALS
 HEALTH	 CHALLENGES	 RELATIONSHIPS	 FINANCIAL

Passion is the vehicle that transports you to your goal.

